



# SAFETY MARGIN

ONE EXAMPLE OF COACHING

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# Overview

- Reasons for cooperation
- Examples of coaching scenarios
- Examples of teaching
- One detailed scenario – Safety Margin
- Conclusion

# Reasons for cooperation

- The training for the driving licence consists of the theoretical and the practical part. The theoretical one should be the basis for understanding the traffic rules.
- Only learning for passing the test is not enough, the knowledge must be used correctly in traffic situations.
- Coaching should support understanding and make better connection between theoretical and practical training.

# Examples of coaching scenarios

- Who is a good driver ?
- Have a reason for restriction of overtaking
- Explaining the principle of trust
- Discussion about the right traffic lane
- What is „Driving at sight“?
- Why should you not drive drunk?
- What is very dangerous on highways?
- What should you do, if a car is driving on the wrong side of a highway?
- What should you do in a road accident?
- What is eco-driving?
- How will you do an emergency braking?
- How can you recognize that other people are inattentive?
- What should you do if an ambulance come closer?
- How can you see, that other people are driving unsavely?
- Why are children especially endangered in traffic situations?
- What should you do in front of a zebra crossing?
- Explain the right safety margin

# Examples of teaching

- Name and meaning of most traffic signs
- Limits of weights and measures
- Extent of driving licence
- What should you do in case of losing your driving licence
- Technical parts of the car

# Safety Margin - Problems

- Knowledge before starting driving school education
- Negative learning through other people
- Wrong assessment of one's reaction time
- Lack of acceptance

# Safety Margin- theoretical part

- **Questions in the theoretical part**
  - Have you ever felt unsafe as a frontseat passenger when driving behind a car?
  - Why is safe distance necessary?
  - Could a too small safety distance be the reason for an accident?
  - How long is your reaction time in a dangerous situation?
  - What is the correct safe distance?
  - In which situations the safe distance should be longer and why?
  - How can you control the safe distance?

# Safety Margin

- **Media**
  - PowerPoint sheets

## BLICKTRAINING

Sicherheitsabstand zum vorausfahrenden KFZ mindestens:

**2 Sekunden**



## AUFMERKSAMKEITSTRAINING

**Kontrolle durch den Fahrschüler:**

Sicherheitsabstand zum vorderen KFZ wiederholt durch Sekundenzählen ermitteln.  
Wiederholt Blickmarken in 10 bis 20 Sekunden Entfernung nennen.

- Short video



# Safety Margin- practical part

## ■ Training in practice

- Streets with not too many bends and moderate traffic
- Short discussion if possible, with feedback of the theoretical part
- Training with controlling through the „second method“
- Short break with feedback

# Safety Margin - Targets

- Understanding the two second safe distance
- Keeping the correct safe distance in practical lessons without instruction
- Controlling of the correct safe distance

# Conclusion

- For students coaching is the perfect tool to understand and not only to learn the traffic regulations.
- Coaching helps the instructor to make the lessons more interesting
- Teaching activates the instructor, Coaching also activates the students
- If students only learn regulations, they will forget most of them within a few days
- Coaching is not a new science, it's only the better way to knowledge



# Safety Margin

Thanks for your attention!

