HERMES SCENARIO

Driving through a Turn
Second Phase

Vienna, 22 February 2010
First thoughts

Loss of control, too fast, speed maniac, overconfidence, inexperienced driver, novice driver, alcohol, drugs, race, momentary nodding off, stress,

Turn, trees, tyres, slippery roads, bad weather,

Pain, death, innocent persons, grief, court, Etc.
Accident - Reasons

**The Driver**

Loss of control, too fast, speed maniac, overconfidence, inexperienced driver, novice driver, alcohol, drugs, race, momentary nodding off, stress, etc.

**The Situation**

Turn, trees, tyres, slippery roads, bad weather, view, other traffic users, etc.

Accident - Consequences

Pain, death, innocent persons, grief, court, etc.
Accident - reasons?

• Speed
• car-freak
• risk-seeking
• distraction
• attempt to impress
• poser
• irresponsible behaviour
• fast driver
• other thoughts
• stress
• etc.
Why do you think, did the participants increase their speed and take higher risks?

• For some, taking the time means racing
• the ambition to always be the best
• wish to look good in front of their colleagues, even if in everyday life they are calm and drive without taking risks
• forget all good intentions
• risk seeking
• have stress
• the fear to finish last – don't want to be losers
Possible questions to be asked by the Coach

- What was different from the first run?
- What did you feel this time?
- How did these feelings influence your reactions during this run?
- When do you react the same way in your daily life?
- This time, the time pressure was put on you by the coach – when do you have similar time-pressure in your daily life?
- Who puts time pressure on you?
- What happens when you are under time-pressure?
- When do you make mistakes?
- When are you under stress?
- Who can put you under stress?
- What kind of problems can occur when you are under stress?
- What influence do personal problems and daily stress have on your driving?
Possible questions to be asked by the Coach

- What kind of influence can the passengers have on the driver?
- When does the atmosphere in the car influence the driver?
- What can result out of, always wanting to be the best?
- What makes it so difficult to predict turns?
- Under which circumstances can these criteria change?
- Which roads are more dangerous, the unknown ones or the ones you use every day?
- What influence does routine have on your driving-style?
- What can result out of high-risk taking?
- How can you avoid time-pressure or personal stress?
- How can you avoid stress put on you by passengers or other road users?
- What can you do against high risk seeking?
- What can you do against routine and habit?
Possible questions to be asked by the Coach

• Looking at this vehicle, what do you think could have happened?
• What are your ideas about the reasons of the accident?
• What could have been the consequences for the implicated persons?
• What are the differences between a left–and a right hand turn?
• What could the possible consequences of a loss of control accident, in a left-or right hand turn be?
• What are possible consequences for the responsible person of a similar accident?
Accidents are no Fate

High Danger-and Risk Awareness create High Responsibility

Thank you very much for your attention!
Vielen Dank für ihre Aufmerksamkeit