main topic

Training of driving instructors who wish to acquire skills in coaching-style
principles

• Coaching cannot be learned from a book
• Coaching cannot be learned from a lecture
Coaching must be learned from self-experience and reflection on what has been experienced
overview

3-day-seminar (22 x 45 min.)

supervision day 4 (8 x 45 min.)
application areas

classroom

track

car
the 3-day-seminar

day one

- warming up
- insight from a coachee`s perspective
- the role of the coachee
- instruction versus coaching
- principles of the coaching method
- from instruction to open questions
day one

- Asking not telling,
- Use questions with w (what, when, where etc.)
- Use open questions
- Formulate goals
Deeper insight view
What do you think are the reasons, that novice drivers have so many serious crashes?

When you were a novice driver, what did you do differently when driving compared to the way you drive today?

What do you think that young people are concerned about during their time as novice drivers?

How were your own experiences as a novice Driver? What was not so easy for you?
the 3-day-seminar

day two

- exercises as a coach
- exercises as a coach
- reaching goals
- exercises as a coach
- coaching practice
- coaching method principles
the 3-day-seminar

day two

Impression of the coaching exercise
the 3-day-seminar

day three

- coaching exercises
- coaching method principles
- open question evaluation
- feedback
supervision day 4

day four

- In which situations was it easy and why?
- In which situations do you feel good and why?
- What are the next steps for you?
deeper insight view
thank you

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