



Hermes project – Results from a questionnaire study: students and instructors

Esko Keskinen
Ari Katila
Niina Laaksonen
University of Turku,
Department of Psychology

Research questions: How effective was a three day coaching seminar for driving teachers as evaluated by students and teachers.

1. How students evaluate driving teachers' style of teaching before and after (three month) the teachers have been learning coaching style method in the three day seminar?
2. How teachers evaluate the three day coaching seminar?
3. How teachers evaluate their own teaching style after (three months) the three day seminar?

What was evaluated in the study (students' point of view

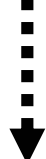
students experiences of teaching (before)



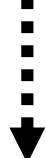
teachers seminar



students experiences of teaching (after 3 month)



not evaluated: students' learning of knowledge and skills



**not evaluated: novice drivers' behaviour in traffic
offences & accidents**

SUBJECTS

The amount of the subjects

	Measurement	
	1.	2.
Driving students	158	127
Driving instructors	17	14

SUBJECTS

Driving students

Measurement and the amount of subjects, age & gender

Measurement	Age		Gender	
	N	M	Male	Female
1.	158	21.31	76	80
2.	127	20.23	70	56

SUBJECTS

Driving students

When the questionnaire was completed (%)

Questionnaire was completed after	Measurement	
	1.	2.
Theory lesson	61	42
Safe driving course	32	33
Feedback from driving	4	13
Driving lesson	3	13
Total (n)	100 (158)	100 (127)

Before reading the results

Evaluation design and data collection method

1. Design was before after between subjects design: students could experience **a teaching situation only before or after**
2. Data collection methods was based on **"absolute"** (amount evaluation) evaluation of own experience on a scale 1 – 5, where 5 means high amount and 1 low amount of certain component of experience
E.g. How active on the scale 1 -5 are YOU at the moment?

Before reading the results

3. Ceiling effect: high assessments (good points) already before, **difficult to be better!**
4. The after seminar evaluation happened 3 month after seminar – **regency effect was not any more valid**

If there are now positive result, then they are reliable.

Before reading the results

Validity of results

The measurements concern students' and teachers' evaluations of their experiences of teaching style.

The questions are designed to measure *two of the most important goals* of coaching style teaching and four variables which mainly describe *methods used in coaching* style teaching.

The aim was to measure how coaching style teaching was realized in driving teachers' teaching and not how effective (concerning knowledge and skills) it was as a method for increasing learning.

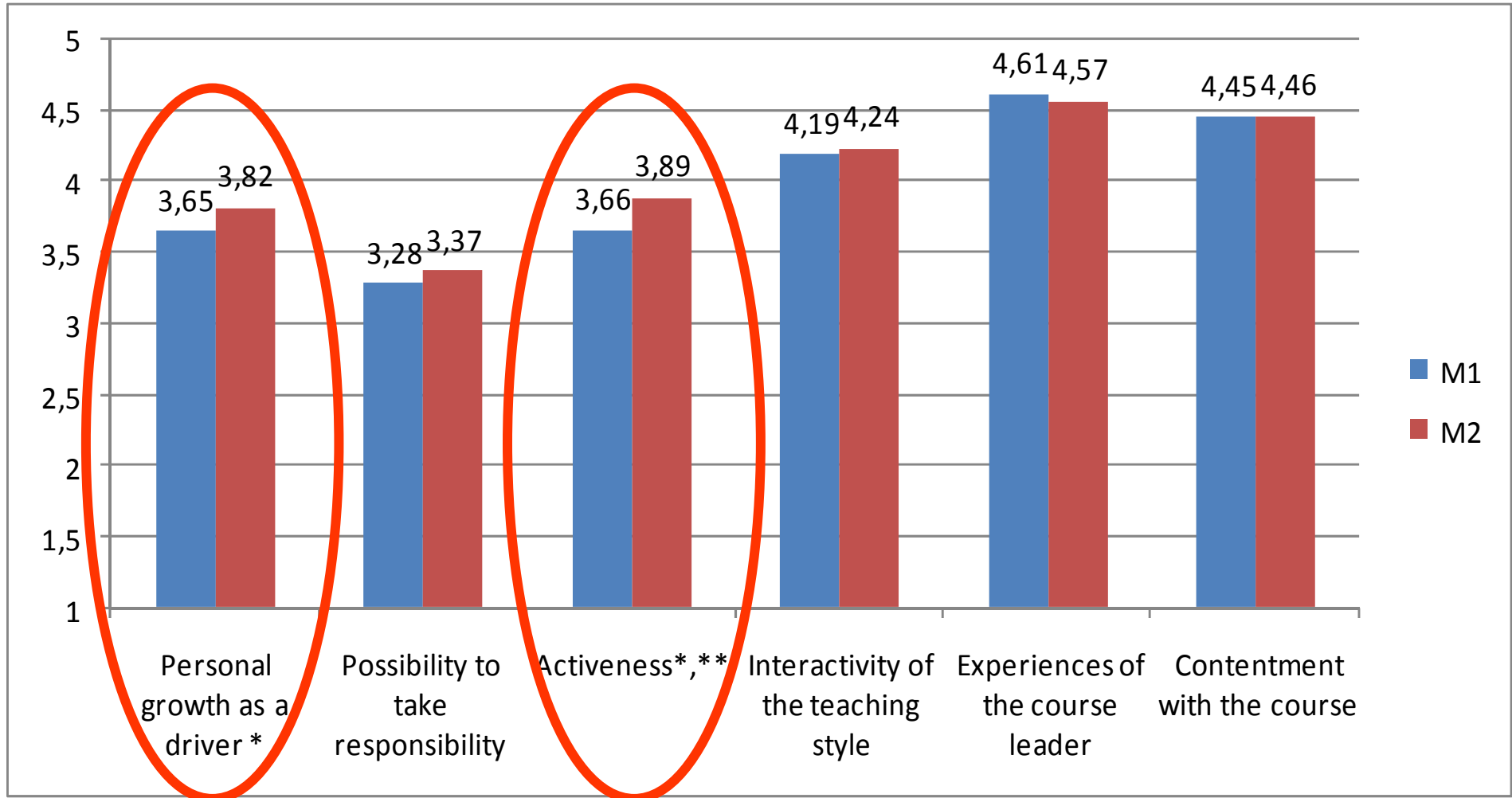
**Driving students
Mean variables**

Driver's experience of his *personal growth as a driver*
Driver's possibility to *take responsibility of his own learning and behaviour*

Driver's activeness
Interactivity of the teaching style
Driver's experiences of the course leader
Driver's contentment with the course

RESULTS

Driving students



The means for the mean variables (M1= first measurement, M2= second measurement)

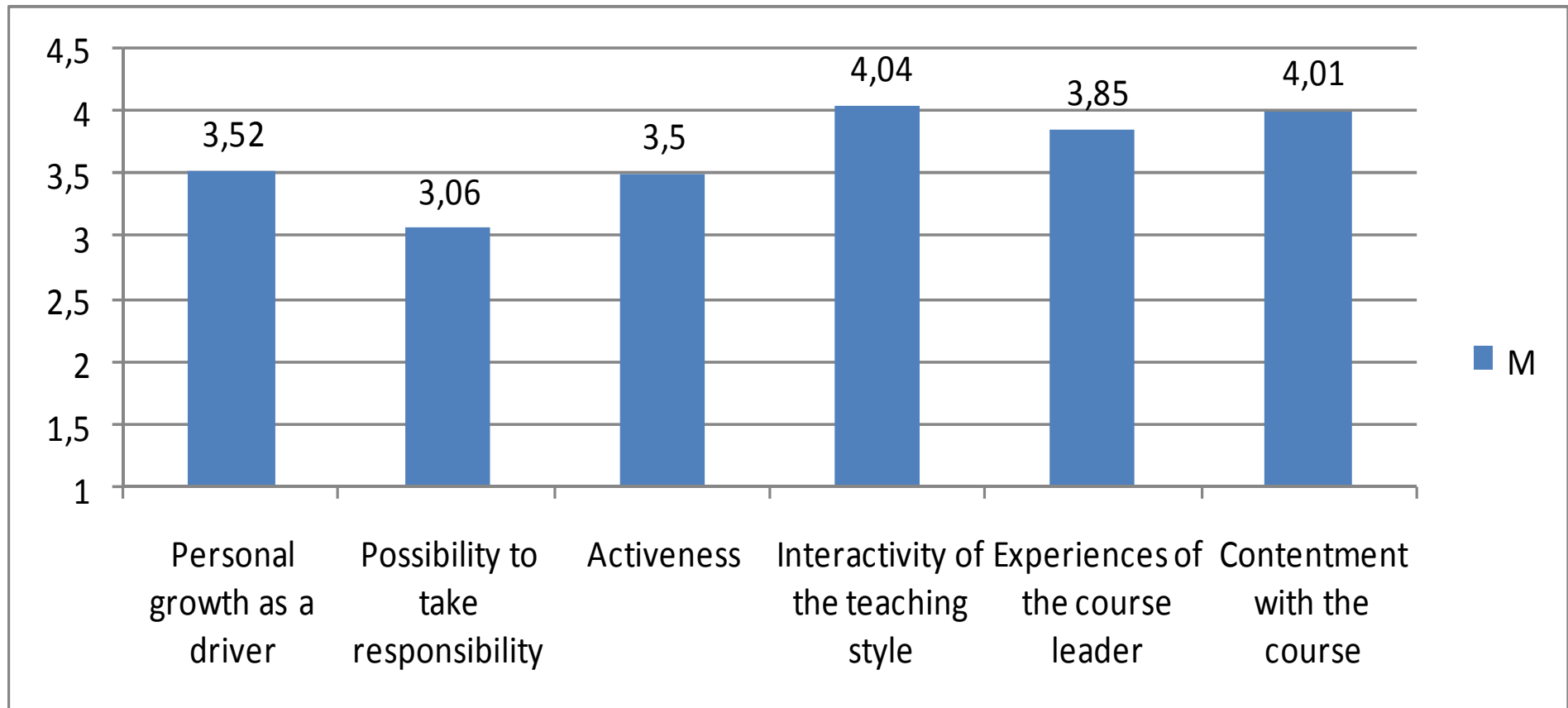
In more detailed analysis it was found that during the course (after teachers' coaching seminar) students who were over 20 years experienced

- * more personal growth as a driver than before**
- * more possibilities to take responsibility than before**
- * their course leader better to be than before**

There were no changes in the experiences of younger students – they were not less satisfied

RESULTS

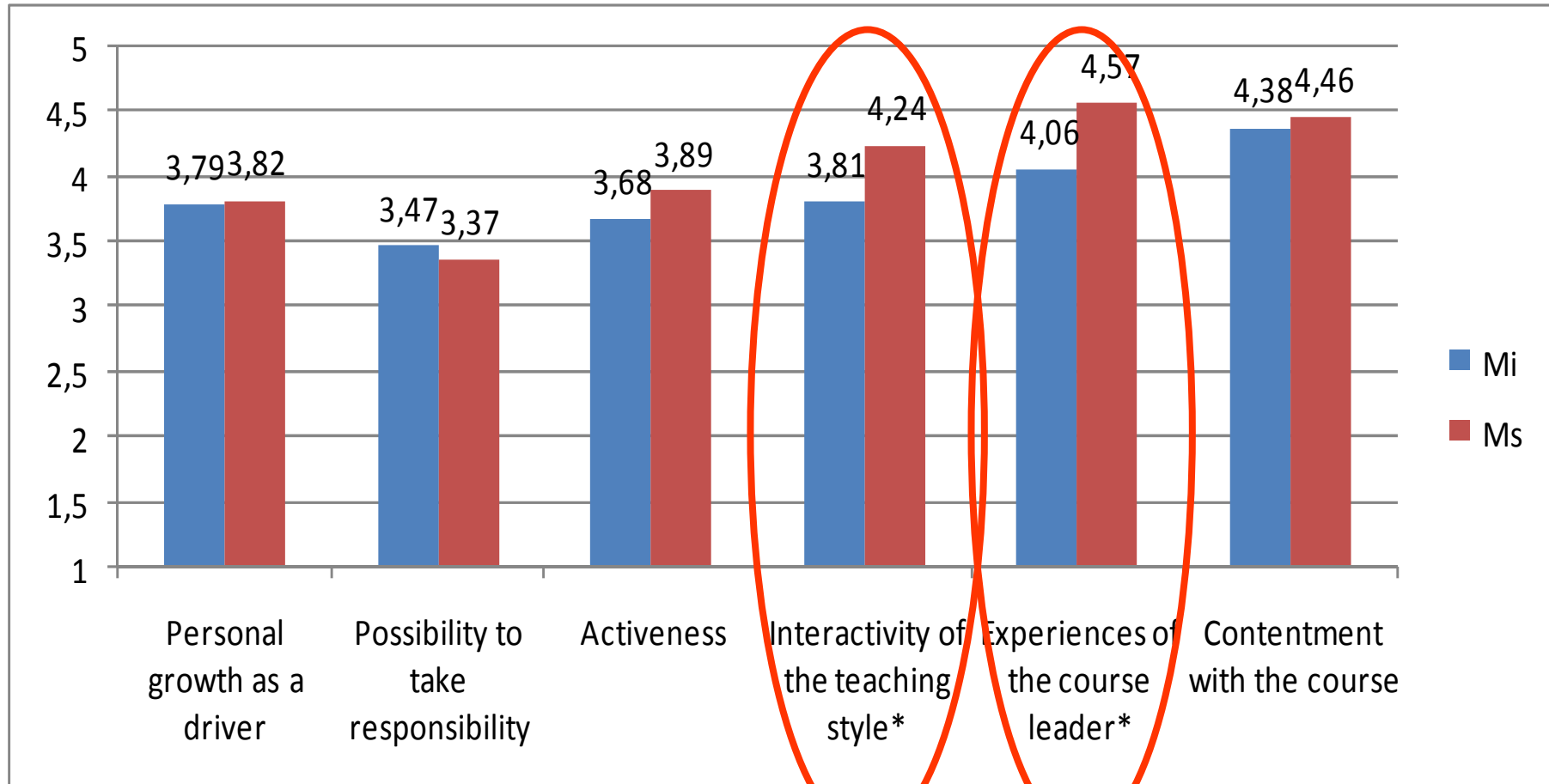
Driving instructors



The means (M) of the mean variables for instructors' experiences of the coaching seminar

RESULTS

Comparisons between driving students' experiences and driving instructors' evaluations in after measurement



*Significant difference for

The interactivity of the teaching style (U= 580.50, p<.05)

The experiences of the course leader (U= 358.00, p<.001)

Mi= Means for the driving instructors

Ms= Means for the driving students

Summary and discussion

Results show that

- teachers evaluated the three day seminar in a favorable way**
- it is possible to change teachers teaching style towards coaching style with a three day seminar**
- students evaluated coaching way of teaching partly in a more favorable way than the traditional one**
- especially older (over 20) students favored coaching style**
- teachers and students evaluated teaching style quite in a same way**

Discussion

Results do not show that

- students would learn more traditional driving school knowledge and skills when coached**
- but they felt more personal growth, which is the main aim in coaching – to learn more of him or herself as a driver**
- and they also felt to be more active when coached – coaching style teaching activates students**
- coached novice drivers at the beginning of their driving career would be more safe than the ones that have got traditional teaching – but we have good reasons to believe that coaching is increasing also their responsibility as drivers**