

HERMES

Info-Day 22.02.2010

Sakari Hopia



The Finnish Driving
Schools Association



EU Coaching Project

Sakari Hopia

Traffic teacher, from Finland

Involved in EU projects:

Advanced

NovEv

Merit



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



“Driving self-evaluation”



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



GOAL ?



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



Self evaluation ?



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



DRIVING and EVALUATION

OWN GOAL?.....

.....

.



The Finnish Driving
Schools Association



Evaluate your driving skills according to:

to improve -----very good

MANOEUVRING SKILLS

1 _____

DRIVING TRAJECTORY, LANES

1 _____ 5

FLEXIBILITY

1 _____ 5

OBSERVING AND DETECTING RISKS

1 _____ 5

OBSERVING LIGHT TRAFFIC

1 _____ 5

TOLERATING PRESSURE

1 _____ 5

OBEYING RULES

1 _____ 5

SAFETY MARGINS

1 _____ 5

ECONOMICAL WAY OF DRIVING

1 _____ 5



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



CONSUMPTION
l/100km

TIME
min

CO2
g/100km

OTHER

Test 1 _____ **I** _____ **I** _____ **I** _____

Test 2 _____ **I** _____ **I** _____ **I** _____

CHANGE _____ **I** _____ **I** _____ **I** _____

SAVE _____ x _____ km/y x _____ €/L = appr, _____ €/year



**The Finnish Driving
Schools Association**

EU Coaching Project
HERMES



Checking the goal!



The Finnish Driving
Schools Association

EU Coaching Project
HERMES



Thank you!

Sakari Hopia



The Finnish Driving
Schools Association

EU Coaching Project
HERMES

